

Baptcare is a faith-based, not-for-profit organisation that draws on over 75 years' experience to deliver quality services with care and respect.

We are an inclusive service that welcomes diversity and promotes cultural safety. Baptcare respects people of different cultures, gender, sexual identity as well as age, ability and religion.

We respectfully acknowledge the Tasmanian Aboriginal people as the traditional and continuing custodians of this land.

We are a child safe organisation and take action to promote child wellbeing and prevent harm to children and young people. We ensure our staff and volunteers are responsible for children's safety across all areas of our work.

We partner with Strong Families, Safe Kids Advice and Referral Line.

1800 000 123
ADVICE & REFERRAL LINE

**STRONG
FAMILIES
SAFE KIDS**

**For more information or enquiries contact
Baptcare Family & Community Services.**

Baptcare Northern Region

Ground Floor, 288 Invermay Road
Mowbray TAS 7248
Phone: **03 6323 6700**


Baptcare Southern Region

4/95 Albert Road
Moonah TAS 7009
Phone: **03 6283 5700**

Visit our website for more information
baptcare.org.au/facs-tas

Baptcare provides interpreters upon request
如有需要, Baptcare可以为您提供翻译员

Khi quý vị yêu cầu, Baptcare sẽ cung cấp thông dịch viên
توفر منظمة بابتكير Baptcare مترجمين عند الطلب

 Please request
a translator



SafeCare

Family Support



INFORMATION
FOR
**Parents
& Carers**



BC1049 12/23

Baptcare

Baptcare recognises the support of the Tasmanian Government



1800 000 123
ADVICE & REFERRAL LINE

**STRONG FAMILIES
SAFE KIDS**

What is SafeCare?

SafeCare is targeted at improving health care, home safety and parenting skills. It is a structured, evidence-based program for parents and carers from all walks of life and background.

It aims to strengthen family relationships and improve the health and safety of children.

SafeCare is a program for parents of children 0-5 years and is delivered by certified providers and coaches who will come to your home over 18 to 20 sessions where we can discuss:

- Parent and infant/child interactions;
- Home safety; and
- Child health.

What we offer participants

Our program helps parents to manage stress and other challenging feelings, foster healthy self-esteem and respond to their children in sensitive, supportive and effective ways.

The program's format is based on social learning theory, focused on learning in a social context using behavioural principles with parents.

You will learn:

- How to manage your child's difficult behaviours
- Ways to increase positive time with your child
- How to make your home safer
- How to keep your child healthy and reduce risk of illness and injury.

Is SafeCare family support for you or for someone you care about?

The program has been successful in enhancing the safety and wellbeing of children and has been extensively studied over the last 40 years with a body of research supporting its effectiveness.

Program referrals

Parents, families or referrers can contact Baptcare and speak to one of our SafeCare team.

We will discuss the program with you and see whether this is suited to your needs.