

## Where does a young person have YET appointments?

YET provide a range of appointment types:

- Face to face
- Outreach
- Phone
- Telehealth

Cornerstone Youth Services deliver a broad range of services to young people aged 12—25 in North and North West Tasmania.

### Other Cornerstone Programs:

- Short Term Psychological Interventions (STPI)
- young Aboriginal support program (yAsp)
- West Tamar Youth Outreach Service
- headspace Launceston/Burnie/Devonport

For program enquires

Email: [info@csys.com.au](mailto:info@csys.com.au)

## How do I contact YET?

### Cornerstone Youth Services

#### North West

Level 1, 10 Mount Street

PO Box 565

**Burnie 7320**

Ph. (03) 6408 0251 Fax (03) 6408 0252

Level 1, 35 Oldaker Street

PO Box 27

**Devonport 7310**

Ph. (03) 6424 2144 Fax (03) 6424 6102

#### Referrals to:

[programs@csys.com.au](mailto:programs@csys.com.au)

#### Website:

[www.cornerstoneyouthservices.com.au](http://www.cornerstoneyouthservices.com.au)



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Youth Engagement  
Team (YET)



Youth Engagement Team  
(YET)  
North West

## ABOUT YET

YET provides a clinical, holistic, therapeutic outreach service for young people aged 12-25, and their families in Northern Tasmania.

YET is a high intensity service offering support to young people presenting with, or at risk of, complex mental ill health which is having a significant impact upon their daily functioning.

YET clinicians provide comprehensive clinical assessments and interventions focused on 1:1 psychological therapy, family work and case management to assist young people improve their psychological wellbeing and psychosocial functioning.

## YET ELIGIBILITY CRITERIA

Referrals are accepted from a range of service providers, including but not limited to; CAMHS, ACMHS, headspace, GPs, schools, self-referrals and referrals from family members.

Young people need to consent to the referral.

### Eligible young people:

- Aged 12-25
- Located in Northern Tasmania
- Require higher intensity support due to complex presentations, and are at risk of developing mental ill health
- Require coordination of care to connect with education, employment, social networks and support services
- Are willing to engage in therapeutic

## SECONDARY SUPPORT

The YET program provides secondary support to families/carers of young people and services supporting young people.

### Examples of secondary support

#### include:

- Information sessions regarding access to Cornerstone Youth Services.
- Groups for young people regarding mental health and available supports.
- Psychosocial education to families and carers of young people, schools and service providers.
- Youth Consultative Groups.

