



Mindset Tasmania

Programs Comparison



CHOICES

Choices is an intensive, short-term psychosocial outreach and accommodation service for people exiting an inpatient mental health stay and are homeless or need intensive support to prevent readmission.



FOUNDATIONS

Foundations is a medium to long-term psychosocial outreach service that provides evidence-based, goal-oriented capacity building support to people receiving clinical support from Mental Health Services.



HORIZONS

Horizons provides intensive, short-term support for people experiencing severe and episodic mental illness in individual outreach and group settings.



ELIGIBILITY CRITERIA

- Age
- Location
- Referral Pathway
- Diagnosis
- Support Frequency
- Mental Health Case Manager

Age	18-64
Location	Southern Tasmania
Referral Pathway	Mental Health Inpatient Unit, Peacock House, Hospital in the Home, Tolosa St Respite
Diagnosis	Diagnosed mental illness
Support Frequency	Can be daily, as needed
Mental Health Case Manager	Not required

CLOSURE CRITERIA

- Duration
- MH Services
- Goal achieved/ Disengaged
- Entry to NDIS
- Hospital Admission
- Contact for referral

Duration	3 Months Max for psychosocial support, Accommodation for 2 months
MH Services	N/A
Goal achieved/ Disengaged	Yes
Entry to NDIS	Yes
Hospital Admission	No

Discuss with Choices Team Leader or email choices@baptcare.org.au

Age	18-64
Location	State-wide
Referral Pathway	Mental Health Services
Diagnosis	Severe and persistent mental illness
Support Frequency	Weekly or Fortnightly depending on need
Mental Health Case Manager	Required

Duration	18 months max
MH Services	Mental Health Services Closure
Goal achieved/ Disengaged	Yes
Entry to NDIS	Yes
Hospital Admission	No

Mental Health Case Managers can refer through their Clinical Lead or email foundations@baptcare.com.au

Age	18+
Location	State-wide
Referral Pathway	GP, Clinical services, Community Services
Diagnosis	Severe and episodic mental illness
Support Frequency	Weekly
Mental Health Case Manager	Not required

Duration	Outreach: 26 weeks maximum Group: dependent on group schedule
MH Services	N/A
Goal achieved/ Disengaged	Yes
Entry to NDIS	Yes
Hospital Admission	No

Call **1800 290 666** or email horizons@baptcare.org.au