

Family Support Service



FREE
confidential
service



1800 243 232
anglicare-tas.org.au

Family Support Service

Are you affected by the use of drugs or alcohol by someone close to you?

Anglicare Tasmania can help you.

Anglicare provides a free family support service to anyone in the North and North West of Tasmania that is affected by a family member or significant others drug or alcohol use.

We can help you:

- Develop a self-care plan to address your needs and goals, including counselling.
- Access other services, supports and arrange interventions.
- Strengthen your relationship with your family member or significant other.

The service is provided free of charge. You can refer yourself to the service or be referred by family, friends or healthcare professionals.

To find out more, please call **1800 161 266** or email connectsupport@anglicare-tas.org.au.



This service is supported by the Crown through the Department of Health (Tasmania).

1800 243 232
anglicare-tas.org.au

 **Anglicare**TAS
Choice, support and hope