

East Coast Counselling Service



Free counselling and
support for residents of
the East Coast of Tasmania



1800 243 232
anglicare-tas.org.au

East Coast Counselling Service

The East Coast Counselling Service provides counselling, information, advocacy and advice for people living in the areas of St Helens, Bicheno and the Fingal Valley.

The service can be accessed by any individual including children, couples or families that would benefit from counselling to support their health and wellbeing. This may include but not be limited to grief, separation, conflict, drugs and alcohol, mental health, family violence, stress and parenting issues.

How to access

You can self-refer or be referred by your GP or other organisations.

All referrals can be made by calling Anglicare's Community Engagement Coordinator on [1800 243 232](tel:1800243232), or email connectsupport@anglicare-tas.org.au

The East Coast Counselling Service is funded by the Tasmanian Government through the Department of Premier and Cabinet.

