

# Curraghmore

## Supported Independent Living Program. For people with non-urgent mental ill-health.

Curraghmore is a Supported Independent Living program located in Devonport, Tasmania, managed by Anglicare. The program provides for people who live with non-urgent mental ill-health and have received NDIS psychosocial (mental health) disability funding for one or more of the following supports:

- Supported Independent Living (SIL)
- Individualised Living Option (ILO)
- Medium-term Accommodation (MTA)
- Short-term Accommodation (STA)

If you have the required NDIS funding you can lodge an expression of interest. There are currently a small number of rooms available. Act quickly to secure a room if you are interested.

### What supports are available?

- **Mental Health Support Workers**  
Everyone residing at Curraghmore has access to mental health support workers 24 hours per day, including an evening awake shift.
- **Daily Living Skills**  
Staff can support residents to improve their daily living skills such as cooking, cleaning, budgeting, medication routines and lifestyle decisions.
- **Building Independence**  
Staff will support residents to build their independence, manage their emotions, and build and maintain a connection with others. If required, staff can assist with arranging Centre pay from your Centrelink payment for the payment of rent.
- **Vehicle**  
A vehicle is available to support participants' needs.

### What activities are available?

Activities can be tailored to individual needs. We provide a games room including a pool table, weekly BBQs and dinners, an outdoor area, bike riding, art and craft, a spa room, walks, and access to local events, games and group activities.

Curraghmore is close to the beach, river walks, local parks, sporting facilities, shops, Medical Centres, Chemists, Cinema, pool and restaurants.



### How long can you stay at Curraghmore?

There are several options and Anglicare Tasmania is dedicated to providing the most appropriate accommodation arrangement to meet each person's needs.

Options include:

- Longer term stays
- Short term stays, up to 14 days
- Medium term stays, of up to 90 days
- Respite, from 1 day to 42 days.

### Interested?

Please contact:

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**Freecall:** 1800 243 232



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