

What is CYFE?

CYFE is Wellways' Child, Youth and Family Engagement program. It provides free, professional, and confidential support to children, young people and their families affected by mental illness in the Central Coast and Devonport regions.

About Wellways

Wellways Australia is a leading for-purpose mental health and community services organisation dedicated to ensuring all Australians lead active and fulfilling lives in their community. We work with people with mental health challenges, people living with disability, carers, those requiring community care and others facing disadvantage to help them create the life they want to live.

For more information, contact Wellways on 1300 111 400 or at wellways.org

Child, Youth and Family Engagement Program (CYFE)



Free support for young people affected by their mental health

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Wellways respectfully acknowledges the traditional custodians of the lands and waters of Australia.

We are committed to inclusive communities and the contribution of lived experience in mental health

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What kind of support can Child, Youth and Family Engagement provide?

- Early interventions specifically for children and young people, including one-to-one and group support
- Practical assistance for the whole family to support children and young people in their mental health and wellbeing
- Information and referral for families.
- Education for the community to increase local capacity to respond early and appropriately. CYFE provides services on an outreach basis, and home visits can be arranged.

Who is Child, Youth and Family Engagement for?

The Child, Youth and Family Engagement program is designed to support children and young people aged up to 18 living in the central coast or Devonport regions who are at risk of, or affected by, mental illness.

What does it cost?

The program is free and funded by the Department of Social Services

How can I get help?

If you or a child you know or care for would benefit from the Child, Youth and Family Engagement program, call **03 64 197010** or email **tasmania@wellways.org**

